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## **Staff Academy**

Simulation Pedagogy for Paramedic Education, XAMK

**Chieti-Pescara 19.-23.6.2023**

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## Simulation pedagogy for paramedic education, XAMK

### **What to expect from the session – main points**

**What is simulation pedagogy and why is it so important to set learning goals?**

**Simulation debriefing – Phase III: why is the debriefing process in the center role?**

The Xamk model will be presented by using the simulation method and all participants (audience) take part in this session.

20min Phase I- Introduction

15min Phase II - Simulation scenario

10min Phase III - Debriefing session

15min Phase IV – Workshop (session) feedback



## Simulation pedagogy – **what and why?**

### Key points:

by doing – “hands on” / by seeing - observing / by listening, and discussion in the debriefing

- Know the participants’ competence level** → to succeed in setting learning goals
- Realistic and safe atmosphere** → a psychologically safe imitation of the reality
- Motivated and to achieve a ‘flow’** → to succeeded in the simulation exercise
  
- Ensure effective learning** → transfer effect
- Management of non-technical skills** → understand human factors
- Simulation **KSAB** → **K**nowledge, **S**kills, **A**ttitude, **B**ehavior

**Simulation-based learning can be thought of as “a circle of learning”**

**Experience, observation/reflection, generalization, experimentation”**

(Dieckmann 2009, Kolb 1984)



Phase I- Introduction  
Simulation pedagogy – **what and why?**

## Patient safety - two approaches

Crisis Resource Management **CRM**

Anesthetists' Non-Technical Skills **ANTS**

**CRM&ANTS framework can also be combined**

## Human factors are essential



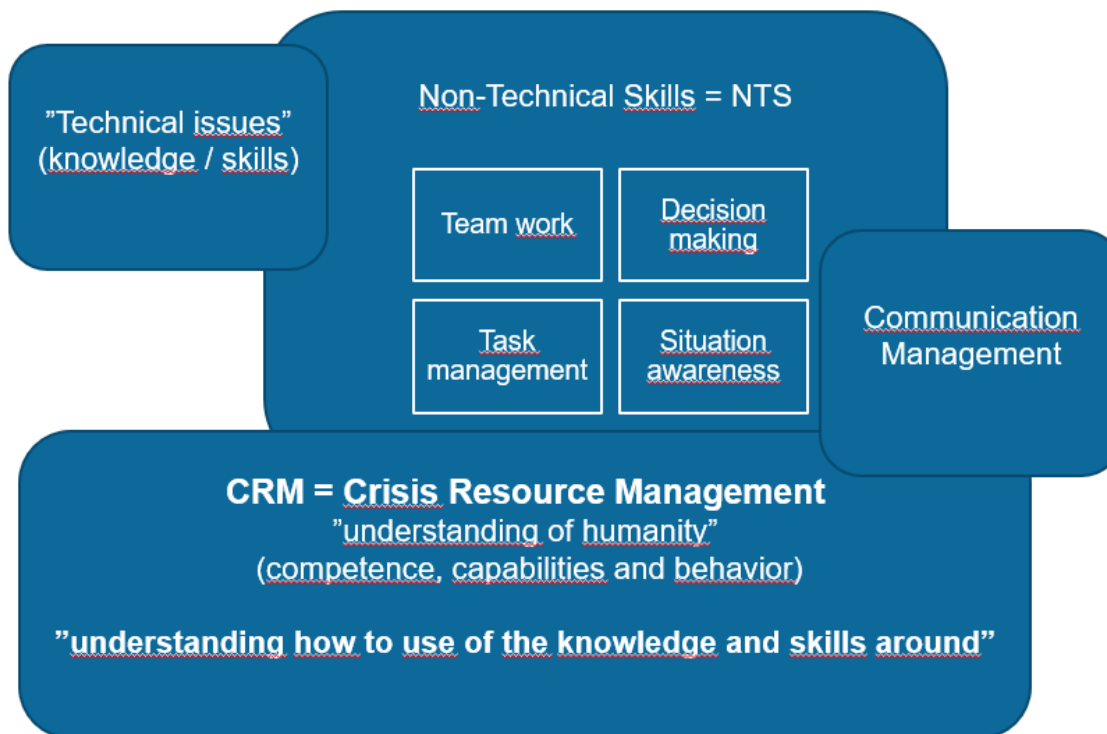
"Nurse, get on the internet, go to SURGERY.COM, scroll down and click on the 'Are you totally lost?' icon."



# Simulation pedagogy – **what and why?**

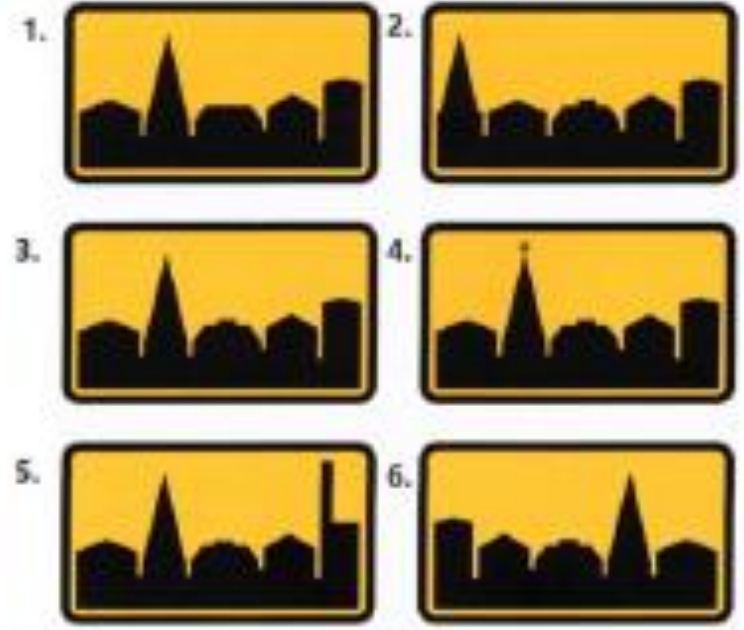
When you think of how to set a learning goals → the 'thing' comes first, what is most important to learn

## Understanding human factors are essential

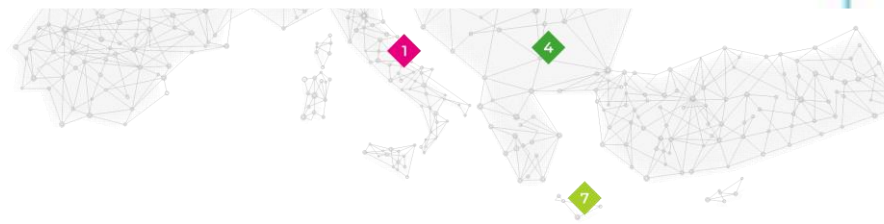




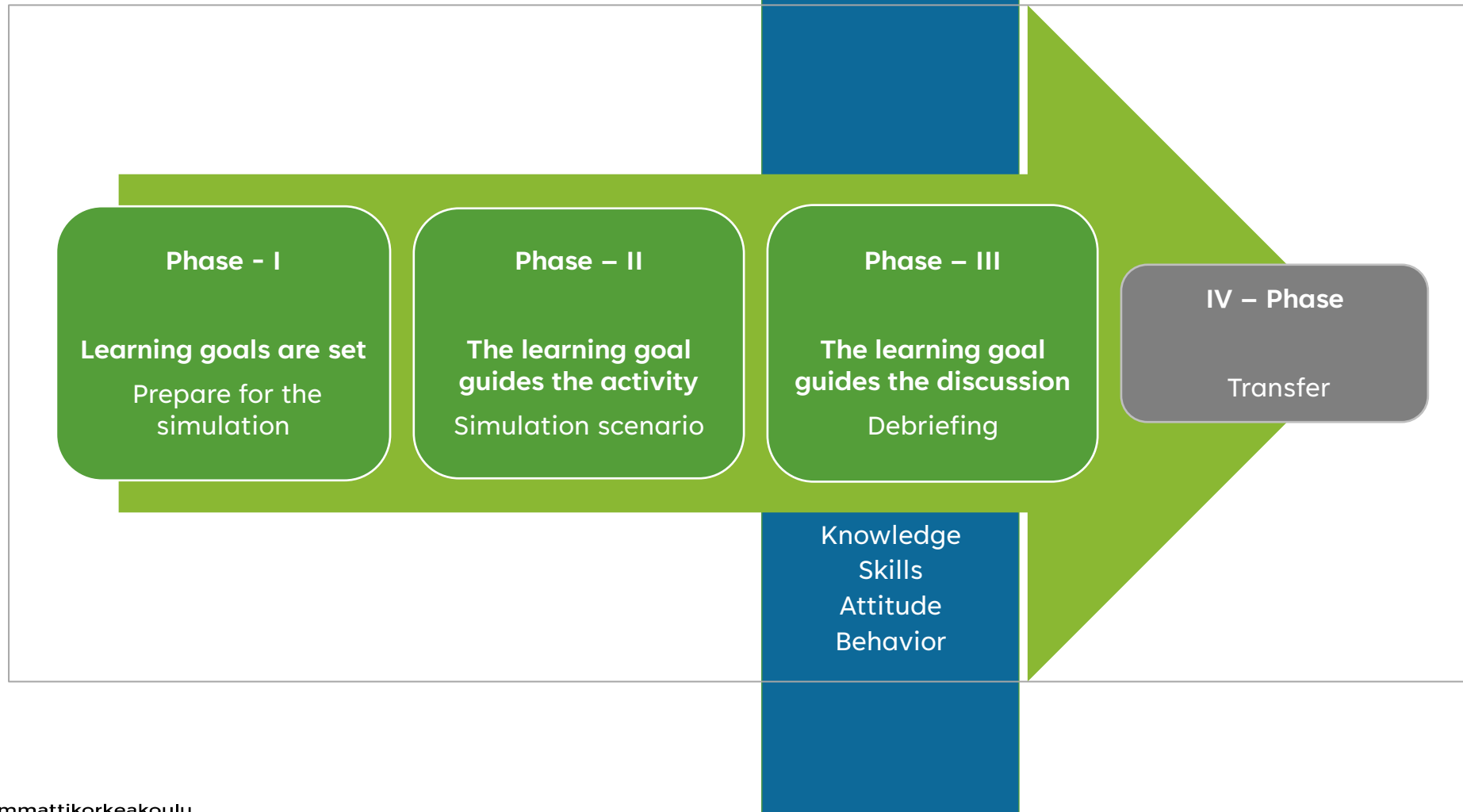
# Skills - Knowledge - Context?



Työterveyslaitos, Tapani & Pasi



# KSAB





# Full scale simulation Phase I

**Introduction to the topic and participants prepare for the simulation**

Before the simulation scenario

**“the instructor must be aware of the level of the participants”**

**Learning goals are set**

**“make sure the students/participants succeed”**

**Today, it is situation awareness and task management**

**“try to create a ‘flow’ and remember to smile”** 😊





# Full scale simulation Phase I

Today learning goals are:  
**Situation awareness**

Students assume various roles and gain **experience of the simulation**

Patient = Role, age, symptoms, pain? ets. (introduce later)  
Paramedics = **Antti** and **Veera** (Aki) / level, where and when?

**Audience / followers**

**Take a few second and imagine yourselves as a paramedic student**

Your follow tasks are:  
**Situation awareness**  
Team work



# Full scale simulation Phase I

We have a 50-year-old patient with chest pain and they called for help



Dispatch center sends an ambulance

The paramedics arrive and knock on the door

The simulation scenario starts when the paramedics arrive...



# Full scale simulation Phase II

Paramedics arrive...

They should use a patient-safe systematic operating model





# Full scale simulation Phase II

The first thing to do is to make an initial assessment **ABC** –  
**A**irway, **B**reathing and **C**irculation

If it's ok, they continue...

Then detailed (secondary) assessment **ABCDE** and the same time they also starts interview  
→ lots of specific questions 😊





# Full scale simulation Phase II

Paramedics prioritize important examination first...ECG

Then they collect all the data and information with teamwork



Using checklist = good teamwork

Closed loop communication →  
more situation awareness



**Good situation awareness = makes the decision making process safer**



# Full scale simulation Phase II

“make sure that the facilitators direct the exercise according to the goal”





# Full scale simulation Phase III

## Debriefing

Simulation learning is concluded in a debriefing





# Full scale simulation Phase III

## Debriefing

...the most important component in the learning process

### Phase I

Description phase

### Phase II

Analysis phase



### Phase III

Take home message

## The discussion proceeds according to the learning goals

Participants should be able to evaluate their own actions and the actions of other participants

Remember - **non-judgmental atmosphere**

“the atmosphere should be **psychologically safe**”





## The end 😊

The simulation teaching method is effective

Students' confidence in their own skills grows when using the method and decision-making and critical thinking improves

Students also feel that the simulation method is an inspiring teaching method of high quality

Simulations are a good way of ensuring competence.

**“Simulation is more than technology”**



## Simulation pedagogy – **what and why?**

Simulation pedagogy - **Feedback** from the participants

**Why** it is so important to get feedback from the participants?

**So that we can perform better in the next session**

**We become familiar with the students' level of skills**

**We are able to set the goals for our next simulations more accurately**



# Feedback

**Any questions?**

Hannu Salonen  
Jarno Hämäläinen





## Simulation pedagogy – **what and why?**

### **Typical model for XAMK simulation feedback**

Teachers (3) and students 25 are divided in three individual smaller groups

Each teacher leads their own simulation scenario → typically three different simulation scenarios during the day

**Feedback** (feelings) before the practice day –all participants

During the simulation scenario – the instructor/teacher collects **feedback** (evaluation)

Simulation debriefing -> participants' **feedback**

After simulation – all group together - **feedback**

And the end of the simulation day – teachers discuss and analyse **feedback** together