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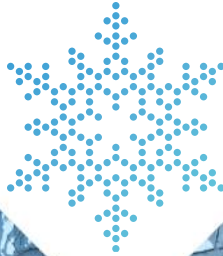
INGENIUM  
European University



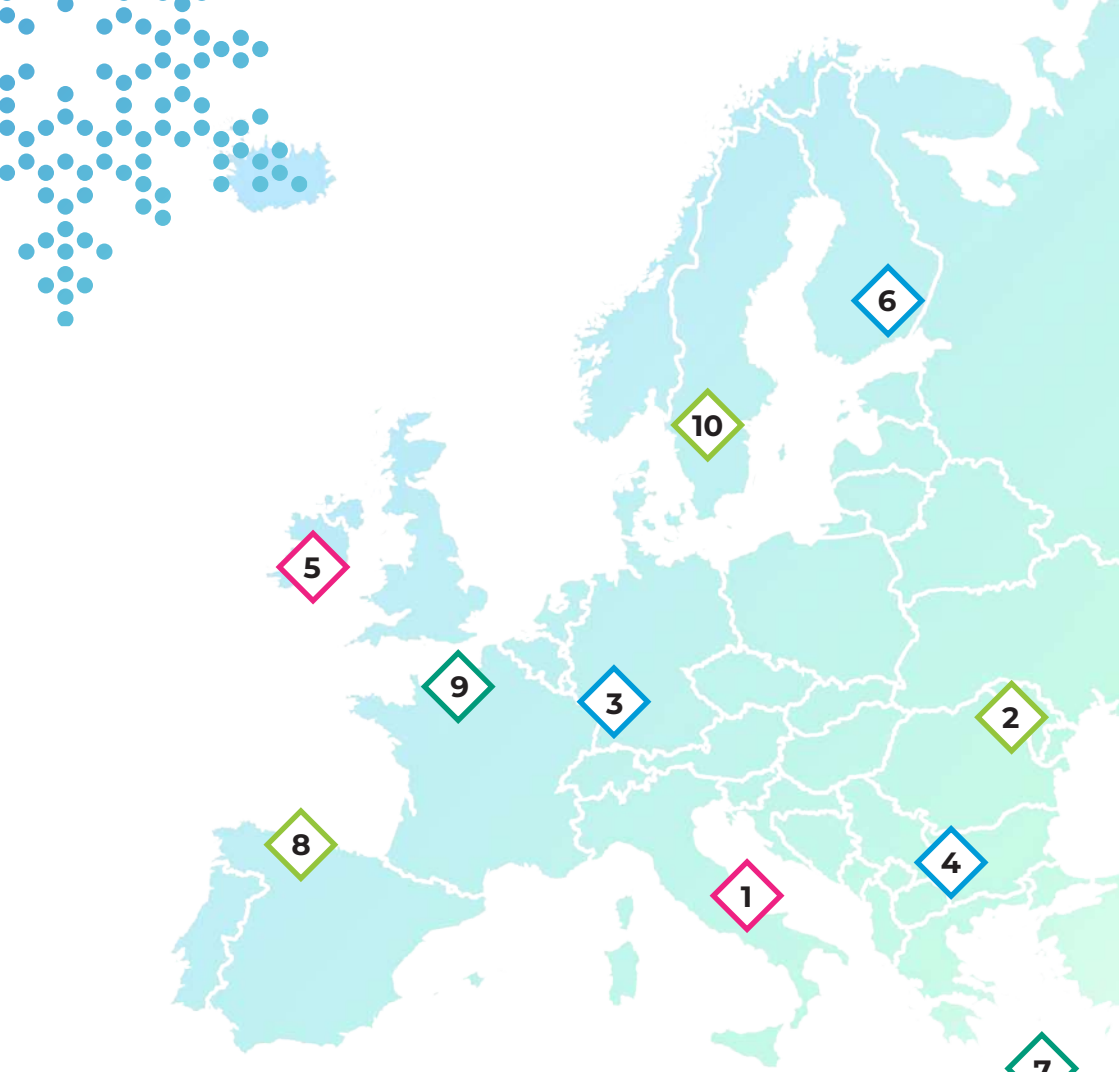
# 10 Days of **INGENIUM** at Xamk

10.-14.2.2025

MIKKELI, FINLAND



A Guide for  
Visitors



**1** "Gabriele d'Annunzio" University Chieti – Pescara (Italy)

**2** "Gheorghe Asachi" Technical University of Iași (Romania)

**3** Karlsruhe University of Applied Sciences (Germany)

**4** Medical University Sofia (Bulgaria)

**5** Munster Technological University (Ireland)

**6** South-Eastern Finland University of Applied Sciences - Xamk (Finland)

**7** University of Crete (Greece)

**8** University of Oviedo (Spain)

**9** University of Rouen Normandy (France)

**10** University of Skövde (Sweden)

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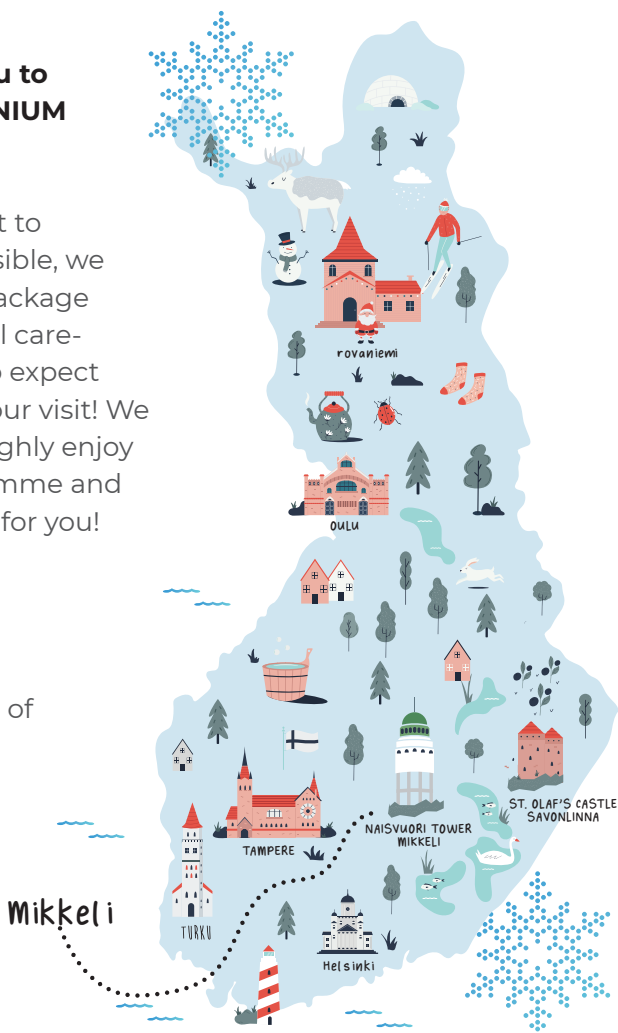
South-Eastern Finland  
University of Applied Sciences

## We warmly welcome you to join the 10 Days of INGENIUM at Xamk!

In order to make your visit to Mikkeli as smooth as possible, we have gathered this info package for you. Read this material carefully, so you know what to expect and how to prepare for your visit! We hope that you will thoroughly enjoy the week and the programme and events we have prepared for you!

## Tervetuloa Mikkeliin! Welcome to Mikkeli!

Pictures from the 10 Days of INGENIUM event will be published [here](#) already during the event.



# Traveling to Mikkeli

If you fly to Finland, the next step after arriving at the **Helsinki-Vantaa Airport (HEL)** is to go to the train station.

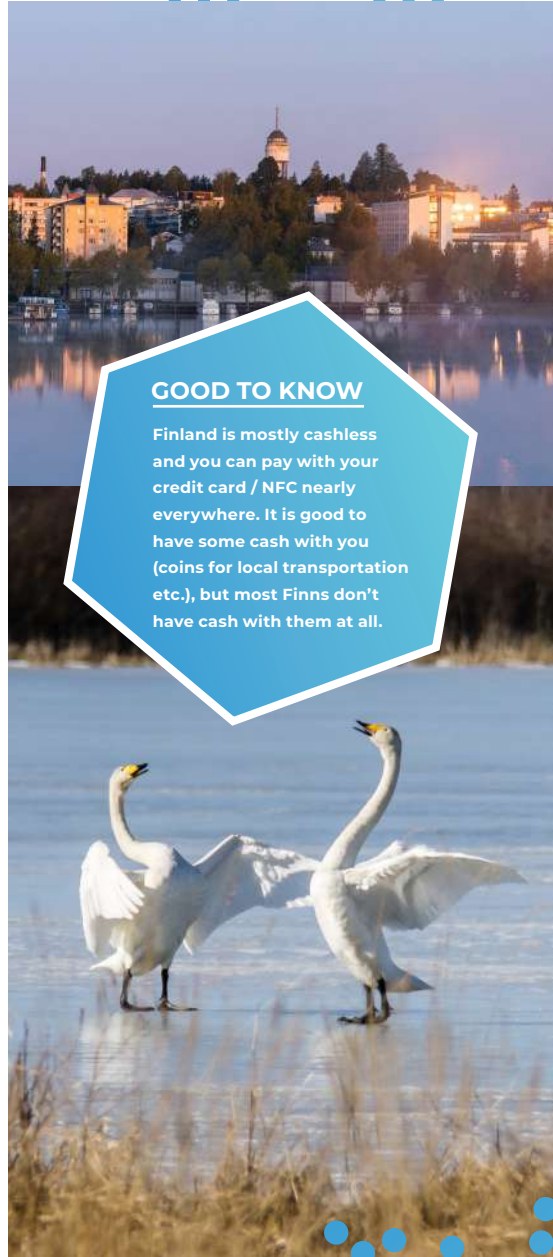
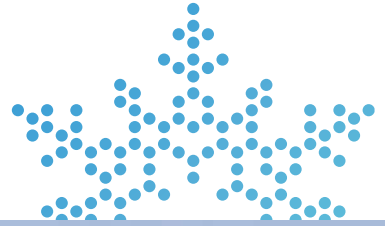
Helsinki Airport's train station is located conveniently under the terminal. There is a direct elevator and escalator connection from the departures and arrivals hall to the train station. From there, you will go to the **P train** to Tikkurila train station and change to the long-distance train to Mikkeli. You will most likely have to use the escalator to get to the correct track when you switch trains.

You can buy your train ticket from the vending machine at the train station or online at VR railway company. You can also download the **VR Matkalla** app from **Google Play** or **App Store**.

The price of the single ticket for long distance traffic changes according to date of purchase and travel. To get a good price, buy your ticket well in advance. This way you will also secure your seat on the train.

It is quite convenient to buy the ticket in advance from the VR service. You will receive a ticket with 2 QR codes, one for the **P train** and the other for the long-distance train.

Note that you can go on an earlier P train to Tikkurila if you have a bit of extra time.



## GOOD TO KNOW

Finland is mostly cashless and you can pay with your credit card / NFC nearly everywhere. It is good to have some cash with you (coins for local transportation etc.), but most Finns don't have cash with them at all.



# Hotels in Mikkeli

For hotels, the most convenient options are **Original Sokos Hotel Vaakuna** and **Scandic Mikkeli** in the city center or **Hotel and Hostel Marja**, which is located very close to the campus.

There are other hotels and Airbnb options in Mikkeli as well. We recommend Original Sokos Hotel Vaakuna, as the location is very convenient, and our gala dinner will take place there too.

We have set up a fixed discount code for three different accommodation options, which are listed below.



350 m from the railway station  
**Porrassalmenkatu 9, 50100 Mikkeli**

Booking code: **BINGENIUM** (valid until 15.12.2024). Reservations can be made [online](#).

The code guarantees a cheaper price for the rooms. You can also make your booking after the discount code deadline, but please note that the discount code does not apply after the "valid until" date. More information about reservations to Vaakuna can be found in a separated attachment in the email of this guide-book.

## Scandic

450 m from the railway station  
**Mikonkatu 9, 50100 Mikkeli**

Booking code: **CGRO**. Reservations can be made [online](#).

Guests can choose their preferred room type and receive an additional discount when paying for the reservation upon booking. The cancellation policy for individual bookings depends on the booking type chosen by the guest. To confirm the reservation, guests must provide valid credit card information. Rooms are subject to availability and should be booked 10 days before arrival at the latest. Scandic Friends members should also check for available loyalty offers.



1.3 km from the railway station  
**Jääkärintie 8, 50100 Mikkeli**

Booking code: **XAMK**. Reservations can be made [online](#).

The discount with this code is 20% off the daily price, including both hotel and hostel side. The hotel rooms include a small kitchen, making cooking possible in the room, as well as a private toilet / shower. In the hostel side, a common kitchen is available for cooking. The hostel has a laundry room with a dryer, two shower rooms and shared toilet facilities.



# Mikkeli

Mikkeli is located in the picturesque Lake District of Finland. Consequently, the town is surrounded by lakes, one of them being the biggest lake in Finland, **Saimaa**.

There are about 80 000 permanent residents in the region, and there are also quite many summer cottages and holiday homes in the area, which increases the population especially during the summer months.

For more information about Mikkeli, please check the **Visit Mikkeli** website.

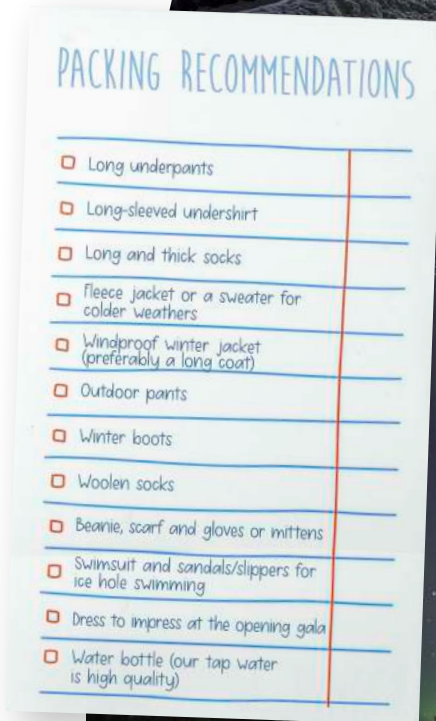
## CLIMATE

The weather in February in Finland is often quite cold. The temperature can vary from plus degrees to -30 degrees Celsius. Especially nights might be extremely cold. You can expect freezing, windy, snowy, icy, and very slippery weather conditions. Good winter boots and warm clothing are warmly recommended.

We kindly advise you to check the weather forecast approximately one week before arrival to Finland.

**Finnish Meteorological Institute** provides information about the Finnish climate and you can also check the current forecasts from there.

Please note that in Finland buildings are generally very well insulated and heated. The normal indoor temperature is around +20 degrees Celsius even in winter.



- Long underpants
- Long-sleeved undershirt
- Long and thick socks
- Fleece jacket or a sweater for colder weathers
- Windproof winter jacket (preferably a long coat)
- Outdoor pants
- Winter boots
- Woolen socks
- Beanie, scarf and gloves or mittens
- Swimsuit and sandals/slippers for ice hole swimming
- Dress to impress at the opening gala
- Water bottle (our tap water is high quality)





## DRESS CODE FOR DIFFERENT EVENTS

The dress code at the campus is in general quite relaxed. Dress in clothes that make you feel comfortable during the long days of lectures, campus tours and other activities.

There will be a gala event on Wednesday evening, which means that you should also pack something a bit more glamorous. Remember to bring your dancing shoes too!

You have a chance to experience the wonderful Finnish nature on Tuesday or Thursday afternoon/evening, including sauna and ice swimming possibility. **Remember to dress according to the weather!** Layering helps you to keep warm and it's always possible to take out one layer in case you feel too hot. Swimsuit and slippers (Crocs or similar) are a must in case you dare to go swimming. We definitely recommend doing that, as in addition to all the health benefits of **sauna** and **cold water swimming**, it is also very relaxing. You will most likely sleep extremely well after swimming and sauna.



# Getting to the campus

The hotels in the center of Mikkeli are fairly close to the campus. Walking from the hotel to the campus takes around 20 minutes and is a sustainable choice, as well as a nice start to the day. There are also bus connections from the center to the campus. You can find the campus map at the end of this document.

**Building D** is the main building, and our info desk is located there as well.

## BUSES FROM THE CENTER OF MIKKELI TO THE CAMPUS AND SAIMAA STADIUMI

You can check the bus connections from **Mikkelin Reittiopas** (you can change the language to English). The address of the Mikkeli campus is **Patteristonkatu 3 D**.

## WALTTI MOBILE TICKETS

With **Waltti Mobile** you can buy single or daily tickets, as well as 30-day season tickets in some cities. The Journey Planner is an integral part of the Waltti app and with it you can also search for a suitable bus connection or check the timetable.

The ticket will become valid as soon as the purchase is accepted, and it grants unlimited travel in the selected zone(s) for the duration of the ticket. You can change to another bus during the ticket validity period, which can be seen on the tickets tab.

The ticket should be placed on the bus card reader for every journey. Mobile tickets are shown to the QR code reader. If the bus does not yet have a card reader, the driver will inspect your ticket. The QR code and the remaining validity period are displayed on the ticket. With the same app you can buy multiple single or daily tickets at the same time.

You can download the Waltti app from **Google Play** or **App Store**.



Please note that the buses will only stop if you signal by waving that you are waiting for that specific bus.

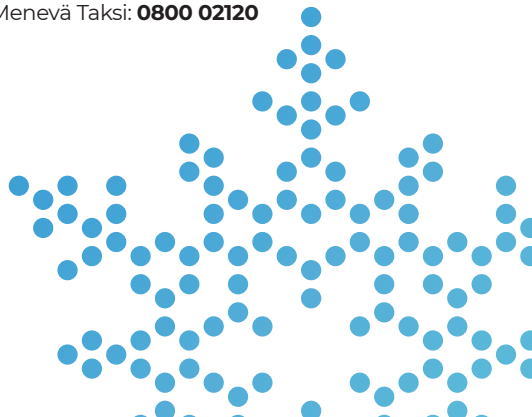
## BOOKING A TAXI



Let's Go Taksi: **0600 300 55**



Menevä Taksi: **0800 02120**





## SAIMAA STADIUMI

Saimaa Stadiumi is located in the Kalevan-  
kangas area (address is **Raviradantie 22**  
**B**). **Xamk's Active Life Lab** facilities are in  
Saimaa Stadiumi.

## SOME RESTAURANTS IN MIKKELI

### AMARILLO

Amarillo, Hallituskatu 5  
MEXICAN, RELAXED

[WWW.AMARILLO.FI](http://WWW.AMARILLO.FI)

### HOLVI

Bistro Holvi, Savilahdenkatu 11  
HIGH QUALITY, RELAXED

[WWW.BISTROHOLVI.FI](http://WWW.BISTROHOLVI.FI)

### DOM MIKKELI

DOM Mikkeli, Porrassalmenkatu 18  
HIGH QUALITY PIZZA, LOCAL BEER

[WWW.DOMMIKKELI.FI](http://WWW.DOMMIKKELI.FI)

## CONTACT INFORMATION

In case you have any questions about  
the practicalities prior to the arrival  
or during the week, please contact us!  
We are happy to help you in  
any way we can.



### Frans & Michelle BISTRO

Frans & Michelle, Porrassalmenkatu 9  
FRENCH BISTRO

[WWW.RAFLAAMO.FI](http://WWW.RAFLAAMO.FI)

### Ravintola • Restaurant Fernando

Fernando, Maaherrankatu 17  
TEXMEX, TRADITIONAL FINNISH

[WWW.RAVINTOLAFERNANDO.FI](http://WWW.RAVINTOLAFERNANDO.FI)

### Eino GASTROPUB

Gastropub Eino, Hallituskatu 3  
LOCAL INGREDIENTS, TRADITIONAL FINNISH

[WWW.RAFLAAMO.FI](http://WWW.RAFLAAMO.FI)

### Anu Pirttimäki

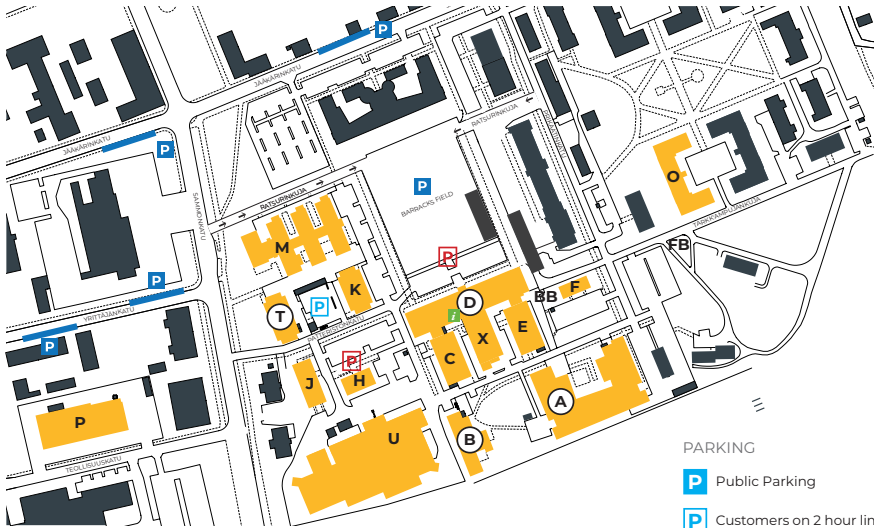
anu.pirttimaki@xamk.fi  
+358 44 7028237

### Minna Hämäläinen

minna.hamalainen@xamk.fi  
+358 40 8266062

# Xamk Mikkeli Campus

## Patteristonkatu 3



The Campus Information Desk is located in the main hall of building D.

### PARKING

- Public Parking
- Customers on 2 hour limit
- Parking only with visitor permit. (can be obtained from Campus info)

### CONFERENCE FACILITIES

- A** Auditorium A
- D** Auditorium D
- M** Mikpoli Auditorium
- M** Conference Room Kuitula
- T** Conference Facilities of Talli
- D** Classrooms D127 and D128

### ADMINISTRATION, R&D

- M** Darcmedia
- M** Disc Oy
- H** Administration Services
- M** Mikpoli
- P** Puupoli
- E** Communication & Marketing Services
- X** Open University of Applied Sciences

### STUDENT SERVICES

- X** Admissions Office
- K** Campus Library
- X** Reading Room
- X** International Services
- X** Student Affairs Office
- X** Student Wellbeing Adviser
- F** Student Health Care, FSHS
- X** Study Counselling Psychologist
- X** University Chaplain
- X** Student Union Kaakko
- A, D** Self-Study Facilities A248, D205
- D** Caretakers

### RESTAURANTS & CAFES

- D** Restaurant DeXi
- B** Restaurant Kasarmina
- T** Restaurant Talli

### FREE TIME FACILITIES

- U** Cym
- D** Band Rehearsal Room
- D** Fitness Gym
- O** Students' Recreational House
- FG** Frisbee Golf
- BB** Outdoor Basketball & Table Tennis

### LABORATORIES

#### LEARNING ENVIRONMENTS

- M** IMT Studios
- A** Building Services and Laboratories
- T** Teaching Kitchen
- P** Wood Laboratory
- E** Electrical Engineering Laboratory
- J** Environmental Engineering Laboratory