



Sustainability in Action

10 Days of

INGENIUM

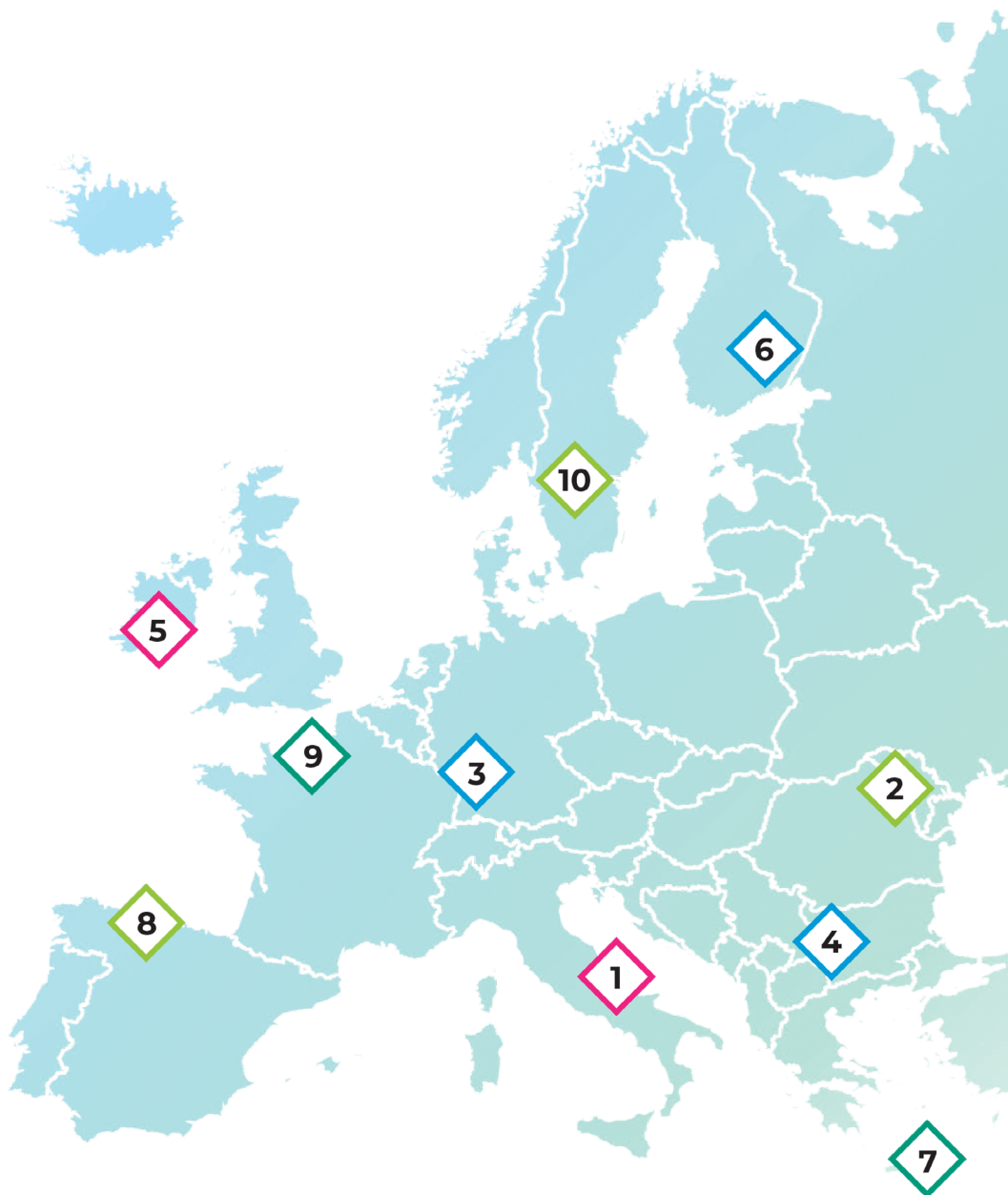
University of Skövde February 2nd - 6th 2026

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-  "Gabriele d'Annunzio" University Chieti – Pescara (Italy)
-  "Gheorghe Asachi" Technical University of Iași (Romania)
-  Karlsruhe University of Applied Sciences (Germany)
-  Medical University Sofia (Bulgaria)
-  Munster Technological University (Ireland)

-  South-Eastern Finland University of Applied Sciences - Xamk (Finland)
-  University of Crete (Greece)
-  University of Oviedo (Spain)
-  University of Rouen Normandy (France)
-  University of Skövde (Sweden)



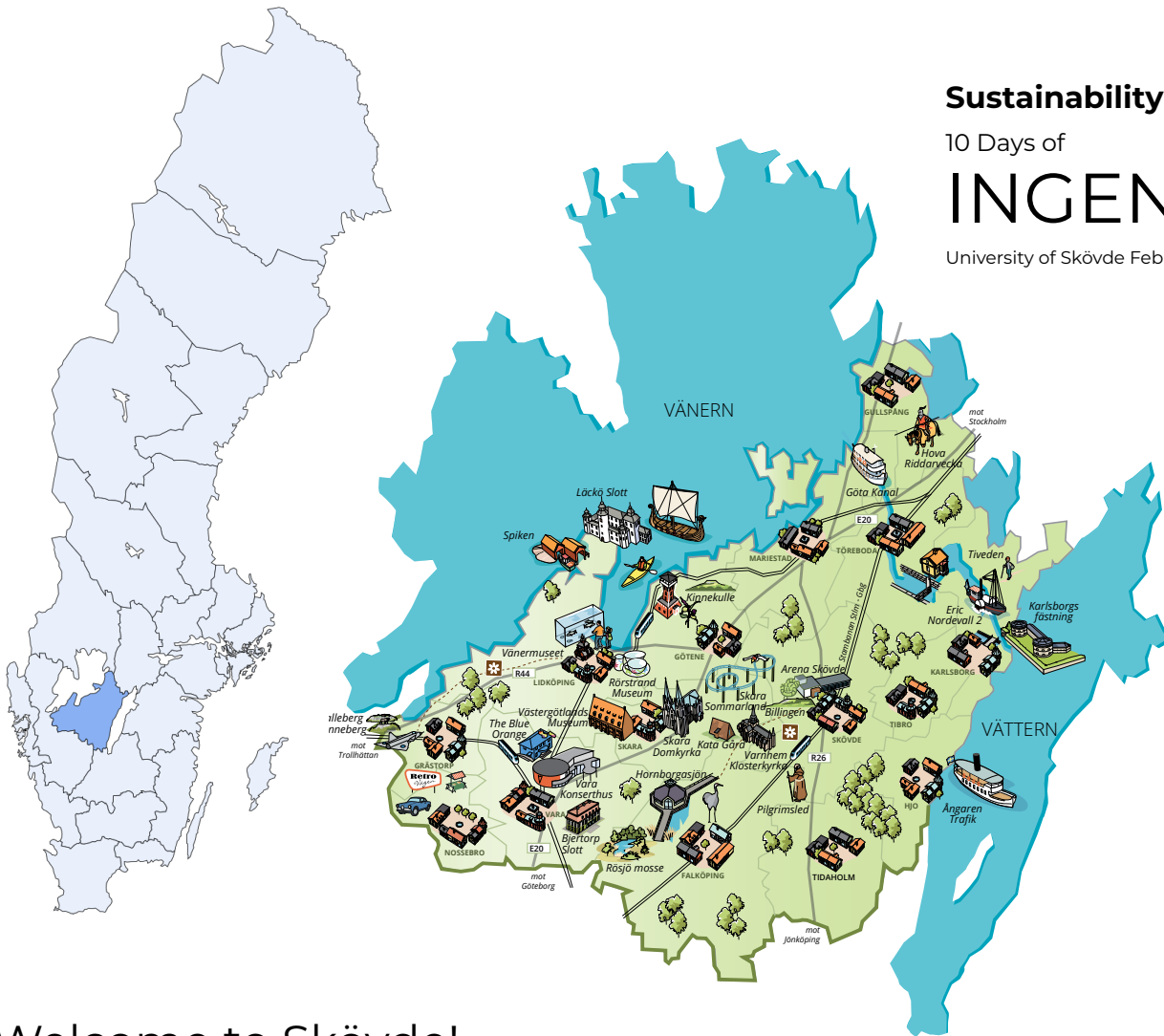
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Welcome to Skövde!

You are welcome to spend a week in a, hopefully, wintery and snowy Skövde, Sweden collaborating with international students and staff on different aspects of sustainable development. Join us at the 10 days of INGENIUM 2026 in Skövde February 2nd - 6th, 2026.

The theme for this year's Winter School is "Sustainability in Action" and the course will be based on the three pillars of sustainability; Ecological sustainability, Economical sustainability and Social sustainability.

In this document you will find maps, lists and links to make your trip smooth and your visit comfortable. Don't hesitate to contact us if you have any questions.

Follow the event on [INSTAGRAM](#), [X](#) and [LinkedIn](#).



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Skövde surroundings

If you would like to learn more about Skövde and the surrounding Skaraborg region, [Welcome House Skövde](#) provides comprehensive visitor information, maps, and guides.

If you want to expand your stay, find cultural experiences at the [regions tourist information](#), explore the [Unesco Table Mountain Geosite](#), and visit [Lake Hornborga](#).

Travelling to Skövde

Those of you who travel by train will come from Malmö and reach Skövde via either Nässjö or Göteborg. Check the national trains at [sj.se](#) or [vrresa.se](#).

For those who come by plane to either Landvetter, Göteborg or Arlanda, Stockholm you will reach the train to Skövde at the central stations via [flygbussarna.se](#) or the flygbussarna app for transfer from the airport. In Stockholm there is also the Arlanda Express transfer train. Use the SJ or VR applications or book on [sj.se](#) or [vrresa.se](#) for trains from Stockholm or Göteborg to Skövde. You can also use **vasttrafik to go** app or [vasttrafik.se](#) for regional trains from Göteborg. If you prefer to [rent a car or mini van](#) you can do so at both airports.

Within the city of Skövde you can reach most destinations by foot, or use the local busses. You can check the time table and buy tickets in the **vasttrafik to go** app.

The University of Skövde´s campus is just a five minute walk from the station. If you want to go by taxi, book [here](#).

All travelling services in Sweden are cash free.

You can purchase your tickets with card or via apps. Make sure to have a valid ticket when you board the train.



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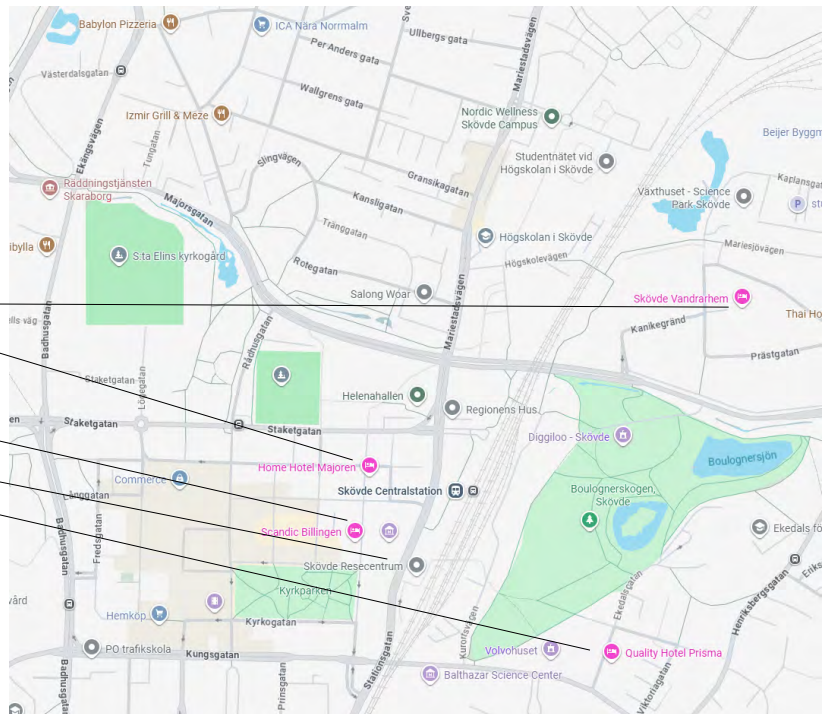
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The hotels and hostels

There are plenty of hotels in Skövde. These are the ones we recommend within walking distance to the University. **We have reserved these hotels until November 30. Enter the code INGENIUM when you book.**

[Skövde Hostel](#)
[Clarion Collection Hotel Majoren ****](#)
[Scandic Billingen ****](#)
[Hotell Skövde ***](#)
[Quality Hotel Prisma ***](#)
[Västerhöjdsgården Hostel](#)



Where to eat

We will have lunch together at the University's restaurants. If you want to try something besides that, there is a multitude of [restaurants, pubs and fast food](#) places in the city centre. Dinner is usually served from 17.00 and some restaurants close their kitchen at 21 but stay open longer. The local cuisine, often with an international touch, can be tried at places such as Sällskapet, Mummel and Lilla Krogen in the city centre.

You can find fika about everywhere, but we recommend the cafés and bakerys around the city square.



Packing and practical information

The weather in February can vary from rain and wind to snow and sunshine. It´s wise to pack you clothes with staying warm and dry in mind. Add to your packing list:

Long and thick socks
Winter boots
Sweater
Scarf, gloves or mittens
Something fancy for the gala.

See our full list on his.se.



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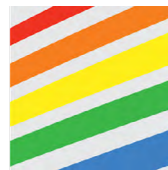
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Useful applications for your visit

An easy way to book tickets are via the apps. Find Västtrafik trains and busses, SJ trains, VY trains, and Flygbussarna transfer below. And of course the SMHI-app wich is the weather forecast.



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Practical information

Cash free

Most stores and restaurants in Sweden are cash free and we recommend you to use your credit card instead.

Smoke free areas

In Sweden, it is prohibited by law to smoke indoors or at outdoor restaurant areas. If you want to smoke at campus, there are marked spots. Cigarette butts must always be disposed of in designated bins.

Waste Recycling

Sweden has strict regulations regarding waste disposal. By law, all litter must be placed in a trash bin, and recycling should be done whenever possible. Please look for the appropriate containers for paper, plastics, glass, and other materials.

Tap water

Our water is pure and delicious. Bring a bottle to refill!

Coffee and snacks

There are plenty of cafés and vending machines on campus. These are cash free.

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